



## Have a Maternal Child Healthcare Need? CALL YOUR SHIF MATERNAL CHILD NURSE

Our Maternal Child Mobile Care Coordinator RNs, backed by a multidisciplinary nursing team, provide personalized support focused on the health and well-being of both parent and baby. They can help you:

- **UNDERSTAND** pregnancy-related and postpartum conditions such as gestational diabetes, high blood pressure and pre-term labor risks.
- **COORDINATE** prenatal, postpartum, and pediatric care, helping you find providers who meet your medical and cultural needs.
- **ACCESS** medications, supplies, and equipment needed during pregnancy and post-partum.
- **NAVIGATE** postpartum recovery, including physical healing, mental health support, and recognizing warning signs after delivery.
- **CONNECT** to postpartum care resources, including support groups, home visits, lactation support, counseling, and community programs.
- **RECEIVE** nutrition and breastfeeding education to promote healthy growth for both parent and baby.
- **ACCESS** community and social resources that support safe housing, nutrition, transportation, and infant care.

### Who is eligible

The services of our Mobile Care Coordinator Nurses are available to members of the Schools Health Insurance Fund and their covered dependents. **All services are offered at no charge to you and are completely confidential.**



**SCHOOLS  
HEALTH**  
INSURANCE FUND 

To request help from your Maternal Child Health Nurse,  
or the team at Guardian Nurses, call 856-600-1983 or 609-277-6976.